

**Association for Lesbian, Gay, Bisexual and
Transgender Issues in Counseling of Alabama**



Promoting LGBTQ Client
WELLNESS
in Counseling & Mental Health Care

SUMMER WORKSHOP

Friday, July 27, 2018
Birmingham-Southern College

Chris Dasambiago-Moore | ALGBTICAL President

ALGBTICAL DIVISION

Association for Lesbian, Gay, Bisexual, and
Transgender Issues in Counseling of Alabama

Advocates | Allies | Activists



ALGBTICAL SUMMER WORKSHOP

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W E L C O M E

Greetings! Welcome to our 12th annual ALGBTICAL Summer Workshop. We are glad you could join us for this exciting professional development opportunity! The title for this year's event is "Promoting LGBTQ Client Wellness in Counseling and Mental Health Care." We intend to present a variety of relevant topics, including career development strategies, transgender advocacy, sexual and gender minorities, LGBTQ history, and LGBTQ youth culture.

It is our hope that this workshop will be informative and fun. We trust you will take home valuable tools and resources to help you in the important work you do with your lesbian, gay, bisexual, transgender, and queer clients and students.

Michael Lebeau will present practical information about working with LGBTQ clients and students regarding career development and the issues in the job market and workplace. This session will focus on the current political and legal environment around LGBTQ discrimination and employment rights. Information will include current research data from the Human Rights Campaign regarding LGBTQ affirming workplaces. Strategies and competencies for effective career counseling with LGBTQ clients and students will also be discussed.

Natalie Hottel will offer helpful resources about transgender advocacy and how to create sustainable trans-inclusive support in college and university settings. The University of Alabama at Birmingham (UAB) is one of two healthcare facilities in the state of Alabama to earn the coveted distinction of a "Leader in LGBTQ Healthcare Equality" from The Human Rights Campaign Foundation. This session will highlight some of the specific challenges, unique possibilities, and demonstrated successes of UAB's efforts to advance trans advocacy and support in a geographic environment that has historically been characterized by barriers for the LGBT population. This program will bring depth to the cross-collaboration strategies that have been effectively utilized by UAB to create policy and procedure related to sustainable trans inclusive health care, including: the development of a Gender Transition Interdisciplinary Team, the formation and maturation of a student-driven support group, and the mapping of campus and community resources that are necessary for success with this work.

Dr. Patrick Faircloth will discuss sexual and gender minorities and will provide insight into the variety of groups and subcultures represented in the acronym, LBGTQQIA2SFAGPBDSM. The advocacy of the LGBTQ communities of the 1960's and the events of Stonewall have given birth to a plethora of sub-communities and sub-cultures that are ever evolving and changing at a startling rate. This session will discuss what the most current iteration of the LGBTQ+ acronym means and venture briefly into the myriad sub-cultures that many of our clients belong to but may not feel comfortable enough to disclose during the therapeutic hour. The presenter co-created the first Sexual Minorities Issues in Counseling graduate course in Alabama and has found it necessary to update course materials every time the course is taught.

Dr. Glenda Elliott and **Joshua Burford** will present an historical perspective of the LGBTQ movement and the implications for counselors. This session will present a selected review of LGBTQ history with an emphasis on events in the South. Participants will understand the rationale for an awareness of LGBTQ history, gain knowledge of selected aspects of Southern LGBTQ history in the South, particularly Alabama LGBTQ history, and identify the implications of LGBTQ history for their counseling practice.

Lauren Jacobs will offer relevant information about the LGBTQ youth culture, including conversation about potential barriers to providing care with cultural humility. This session will broaden understanding of aspects of LGBTQ youth identities and experiences that may not come up in counselling sessions. Participants will gain deeper recognition of LGBTQ youth terminology.

This professional development event is presented by the Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling of Alabama (ALGBTICAL). ALGBTICAL is an official state branch of the national organization, the Association for Lesbian, Gay, Bisexual & Transgender Issues in Counseling (ALGBTIC), and is an official state division of the Alabama Counseling Association (ALCA). ALGBTIC is an official division of the American Counseling Association (ACA).

Chris Dasambiago-Moore | President

Natalie Beck | President Elect

Patrick Faircloth | Past President

Angela Stowe | Treasurer

Natalie Beck | Secretary



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A G E N D A

8:00 AM - 8:30 AM

Registration

8:30 AM - 9:45 AM

Session 1 | LGBTQ+ Career Development:
Issues in the Job Market and Workplace
By Michael Lebeau

9:45 AM - 11:00 AM

Session 2 | Sweet T and Advocacy: Creating
Sustainable, Trans Inclusive Support in College
and University Settings
By Natalie Hottel, LPC

11:00 AM - 12:15 PM

Session 3 | Sexual and Gender Minorities:
LGBTQQIA2SFAGPBDSM and Many Sub-
Cultures
By Dr. Patrick Faircloth, LPC-S

12:15 PM - 1:15 PM

Lunch

1:15 PM - 2:30 PM

Session 4 | LGBTQ+ History and Implications for
Counselors
By Dr. Glenda Elliott, LPC and Josh Burford

2:30 PM - 2:45 PM

Break

3:00 PM - 4:00 PM

Session 5 | LGBTQ+ Youth Culture
By Lauren Jacobs

4:00 PM - 4:30 PM

Wrap-Up | CE Certificates Awarded



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S P E A K E R S

Michael Lebeau, MEd
BSC Career Services

Michael Lebeau is a Career Counselor and the Director of Career Services for Birmingham-Southern College. He has served in similar capacities at the University of Alabama at Birmingham and the University of Montevallo. He is also an Adjunct Instructor for the Career Development course for the University of Alabama at Birmingham Counselor Education Program. He has over 20 years of experience in higher education as a counselor, teacher, and administrator. He is a past President of the Alabama Counseling Association and a long-time member of Executive Council. He is the past president of ALGBTICAL. He has received the Distinguished Professional Service Award, the Distinguished Professional Development Award, and the Humanitarian Award from the Alabama Counseling Association. He has conducted presentations locally, regionally, and nationally on counselor ethics, diversity, advocacy, LGBTQ issues, human rights, leadership, career development, and workplace issues.

Natalie Beck, LPC, EdS, NCC
UAB Counseling & Wellness Center

Natalie is a counselor at the UAB Counseling & Wellness Center. She earned undergraduate and graduate degrees (MA, EdS) from the University of Alabama. Prior to her employment with the University of Alabama at Birmingham as a clinical counselor, Natalie provided direct counseling services to students at another large university. There she was also responsible for coordinating outreach programming on mental health education, student well-being, and community resources. With a goal of helping all students reach their personal goals and potential, Natalie operates from a developmental and contextual perspective. She is passionate about creating space and implementing practices such that all students have a voice, resources, and advocates on campus. Natalie holds a leadership position with the Alabama chapter of the Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling (ALGBTICAL) and was recently honored as the 2016 recipient of the ALCA Outstanding Practitioner Award.

Patrick Faircloth, PhD, LPC, NCC
Troy University

Dr. Patrick K. Faircloth, PhD, LPC-S (AL) LPC (MI), NCC, AMHCA Diplomate, is an Assistant Professor at Troy University, Division of Counseling, Rehabilitation, Interpreter Training. He will receive tenure and promotion to Associate Professor effective August 2018. Dr. Patrick has worked in private practice, community, agency and university settings for over 15 years as a clinician, supervisor and researcher. He has conducted counseling, supervision, research, or presented on the following areas: End of Life Issues with Later Stage Adults, Ethics, Gender & Career Issues, Police and Military Issues, Masculinity Issues, Assessment and Testing Issues, Trauma and Grief Issues, Attachment Issues, Bullying/Cyberbullying Issues, At-Risk Students, Suicidality, Various LBGTQQA2S Issues, Ethics and Standards of Care with Transgender Clients, Counselor Competencies in Working with Individuals with a BDSM Orientation, Group Work Practice Research, Corporate and Personal Sustainability.

Glenda Elliott, PhD, LPC
Birmingham, Alabama

Glenda R. Elliott, Ph.D., associate professor emerita of the UAB Counselor Education program, is a licensed professional counselor, co-founder of ALGBTICAL, former coordinator of training for the UAB Safe Zone program (2001-2012), and former chair of the coordinating committee of the Alabama Safe Schools Coalition (2007-2017). ALCA awards include the Wilbur A. Tincher Humanitarian and Caring Person Award and the Fannie Cooley Distinguished Professional Development Award. Additional recognition includes the Equality Alabama Lifetime Achievement Award and the Glenda R. Elliott UAB LGBTQ Advocacy Award named in her honor.

Joshua Burford
Invisible Histories Project of Alabama

Josh is an archivist, an activist, and a radical educator with over 20 years' experience working with Queer communities and social justice education. Josh began teaching in 1998 and developing courses in Queer history that explore the complexities of American LGBTQ experience with a focus on the history of the South. Josh is passionate about the preservation and documentation of Southern Queer History and making them more accessible. Josh holds an MA in American Studies with a focus on Queer history and a Masters in Library and Information Studies with a focus on Archiving. In 2014, Josh co-curated the first ever Queer history exhibits at the Levine Museum of the New South in Charlotte, NC. Josh is the Co-Chair for the committee for a new Southern Queer history project called "Queer History South" which will connect historians, oral historians, archivists, and community activists around the work of preservation and access of Southern Queer history. Josh currently is the director of the Invisible Histories Project of Alabama which seeks to preserve, make access and return the Queer and Trans history of Alabama back to the LGBTQ community.

Lauren Jacobs
Magic City Acceptance Center

Lauren Jacobs is a Birmingham, Alabama native for whom self-advocacy around LGBTQ youth issues began as a student in high school. She became more heavily involved in organizing at The University of Alabama as an officer of Spectrum, the University's LGBTQ student group. Her work while at UA involved coalition building with a network of college student groups around the Southeastern U.S. - crafting workshops and events around gender, sexuality, racial and reproductive justice. She is a part of the production team for Alabama Bound, an award winning documentary that has brought stories of lesbian families in Alabama to screens around the country. In her role as Youth Programs Coordinator at Magic City Acceptance Center (MCAC), she is part of a team that provides community building space, sexual wellness and healthy relationship education, and HIV/STD testing and for LGBTQ identified youth ages 13-24.





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INSIDE INFO

Workshop Committee

Committee Chair	Chris DaSambiago Moore
Registration	Angela Stowe, Kiera Walker
Media/Publicity	Michael Lebeau
Music/Sound	Michael Lebeau
Tech Assistant	Chris DaSambiago Moore
CE Coordination	Chris DaSambiago Moore, Natalie Hottel
Facilities	Michael Lebeau
Meals/Dining	Michael Lebeau
T-Shirt Sales/Info Table	Glenda Elliott, Frank Hrabe
Usher/Floor Assistant	Patrick Faircloth
Handouts	Chris DaSambiago Moore



Continuing Education Hours

Participants completing this program may earn up to a total of 6 continuing education hours. The Alabama Counseling Association has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 2001. Programs that do not qualify for NBCC credit are clearly identified. The Alabama Counseling Association is solely responsible for all aspects of this program. CE Provider Contact Information: Dr. Deborah Grant, Birmingham, Alabama, (205)439-1224, dgrant@hoover.k12.al.us

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ALGBTICAL

Mission Statement

The mission of the Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling of Alabama (ALGBTICAL) is...

To promote greater awareness and understanding of sexual minority issues among members of the counseling profession and related helping occupations.

To develop, implement and foster interest in charitable, scientific and educational programs designed to further the human growth and development of lesbian, gay, bisexual, and transgender (LGBT) clients and communities.

To protect from harm LGBT individuals by language, stereotypes, myths, misinformation, threats of expulsion from social and institutional structures and other entities, and from beliefs contrary to their identity.

To provide educational programs and resources to raise the standard of practice for all counselors who serve LGBT clients and communities.

Membership Notes

ALGBTICAL membership is open to all members in good standing of the Alabama Counseling Association (ALCA).

Persons desiring to become members of this division must select the division on the ALCA membership application form and submit payment for the appropriate amount for division dues. The annual membership fee for ALGBTICAL is \$5.00.

Membership is open to all counselors who are ALCA members. Counselors working in schools, colleges, agencies, institutions, or any variety of settings are invited to join. Counselors working in mental health, rehabilitation, education, corrections, and private practice are invited to join.

Membership is open to any counselor who has an interest in learning more about LGBT issues. Counselors may join ALGBTICAL because they have LGBT students or clients and seek resources to better serve them. Counselors may join ALGBTICAL because they want to be allies or advocates for LGBT people. Counselors may join ALGBTICAL because they believe in human rights issues. Counselors who join ALGBTICAL may be LGBT or straight. No assumption is made regarding the sexual orientation of any ALGBTICAL member.

Get Involved

This is your invitation to channel your energy as an ally, advocate or activist into a leadership role in one of the state's most active counseling divisions. We are offering leadership opportunities to members statewide who would like to be more involved in the ALGBTICAL organization.

To that end, ALGBTICAL is currently seeking motivated individuals to serve in various officer positions. In time for the next election cycle, we are in search of candidates for top officer slots and various committee chair positions.

This is an excellent opportunity for you to more fully participate in ALGBTICAL and contribute your talents and expertise to the ongoing success of this professional association. We are eager to involve a wider range of our colleagues and infuse new ideas and new perspectives into the ranks of our emerging leaders.

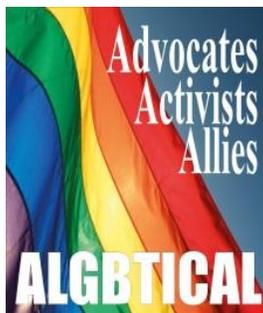
Please let us know if you would like to learn more about serving as an officer in ALGBTICAL.

Website

You are invited to visit the award-winning ALGBTICAL website to learn more about the activities of the ALGBTICAL organization and to gather a wealth of resources relevant to the issues and concerns of the lesbian, gay, bisexual, and transgender population. The ALGBTICAL website is committed to providing a comprehensive and helpful collection of tools for counselors and their clients seeking accurate information on a wide range of LGBT topics.

ALGBTICAL Website
www.algbtical.org

ALGBTICAL E-Mail Address
algbtical@gmail.com





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JULY 2018